



THE CHARTERED SOCIETY OF PHYSIOTHERAPY

Give your body a **SPORTING CHANCE**



They will work with you to develop an effective treatment plan that takes into account your lifestyle, leisure activities and general health.

Treatment options include joint and soft tissue mobilisation, electrotherapy, massage and acupuncture. Your physiotherapist will also give you specific exercises to help you return to sport and exercise more quickly.

For further information contact:
 The Chartered Society of Physiotherapy
 14 Bedford Row, London WC1R 4ED
 Web www.csp.org.uk
 Email enquiries@csp.org.uk
 Tel +44 (0)20 7306 6666
 Fax +44 (0)20 7361 6611
 Text +44 (0)20 7314 7890

Where can I find a physiotherapist?

There are thousands of chartered physiotherapists in the UK working from hospitals, GP surgeries, sports clubs, private clinics and many other venues. Speak to your GP about a referral to your local NHS physiotherapy service. Physiotherapists who have a special interest and expertise in sports medicine in your area can be found at www.acpsm.org (Association of Chartered Physiotherapists in Sports Medicine). Alternatively, for a list of private practitioners in your area, visit www.physio2u.org.uk.

When choosing a physiotherapist make sure they have the initials MCSP (Member of the Chartered Society of Physiotherapy) after their name or are registered with the Health Professions Council (HPC).

You can check their registration online at: www.hpc-uk.org. This will guarantee that they are properly qualified, governed by a professional code of conduct and covered by professional liability insurance.



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The Chartered Society of Physiotherapy is the professional, educational and trade union body for the United Kingdom's 47,000 chartered physiotherapists, physiotherapy students and assistants

This document is available in a format for people with visual impairment Tel: 020 7306 6666



When injury sidelines you, chartered physiotherapists offer advice and treatment to help you make a speedy return to an active lifestyle



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